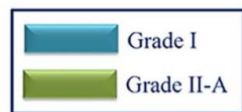


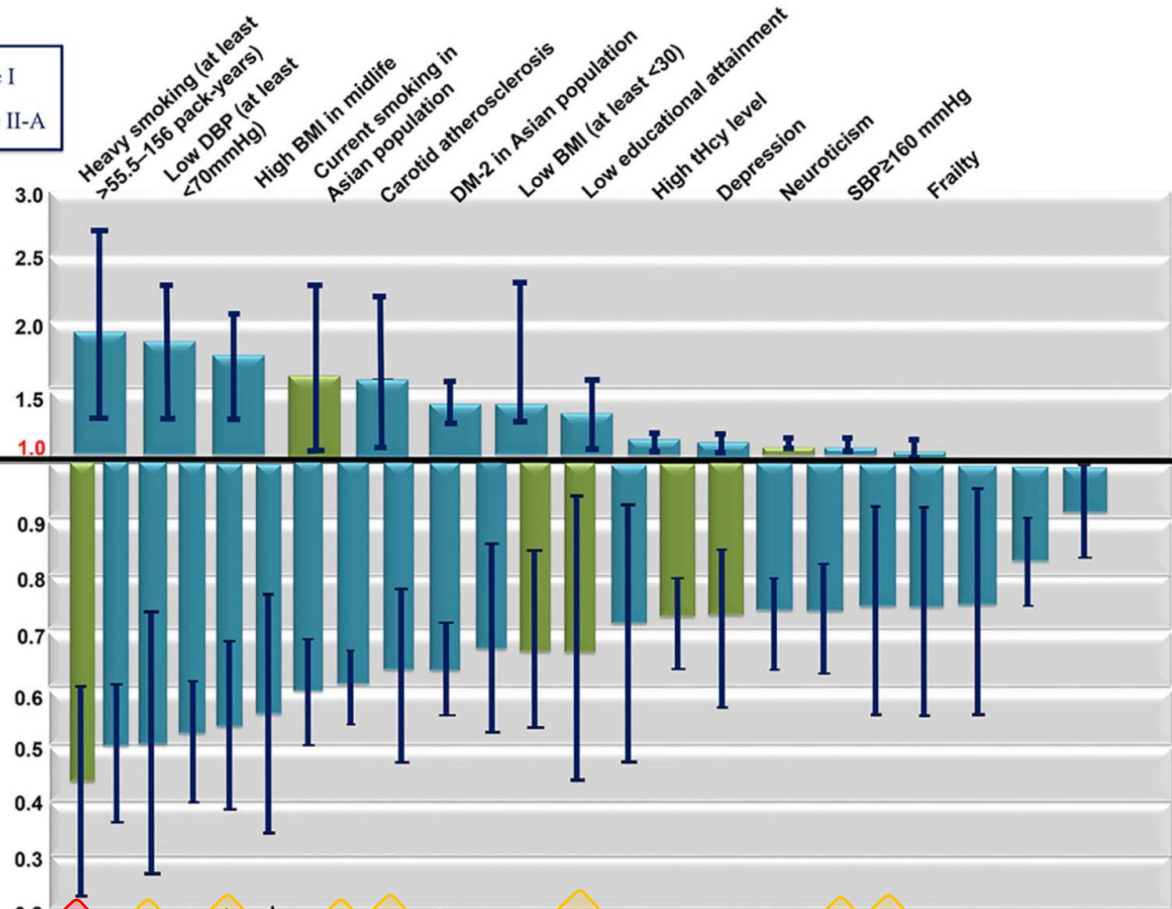
アルツハイマー病になりやすくするもの



Risk factor

Protective factor

RR/OR of Alzheimer's disease



アルツハイマー病になりにくくするもの

健康な食生活

葉酸摂取
コーヒー／カフェイン摂取

アルコール

軽度～中等度の飲酒

魚の摂取

ビタミンE摂取

ビタミンC摂取

- Healthy dietary pattern
- Arthritis
- High folate intake
- Current statin use
- Coffee/caffeine drinking
- Cognitive activity
- Ever use of oestrogens
- Light-to-moderate drinking
- Ever alcohol use
- Cancer
- Heart disease
- High Aβ42/Aβ40 ratio
- Fish consumption
- Metabolic syndrome
- High education
- Physical activity
- Anti-hypertensive medications
- High vitamin E intake
- High vitamin C intake
- NSAIDs use
- High BMI in late-life
- Current smoking in western population
- Ever smoking